



Client Bill of Rights

The following Certified Hypnotists (CH) work at Green Mountain Hypnosis. Certification and annual re-certification is administered by the National Guild of Hypnotists.

Karen Gray CH, RN

THE STATES OF NEW HAMPSHIRE AND VERMONT HAVE NOT ADOPTED ANY EDUCATIONAL OR TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY.

Under New Hampshire Law, a hypnotist may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnosis services at any time. A client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of treatment, and may assert any right without retaliation.

Your Right to File a Complaint: Clients may expect courteous treatment free from verbal, physical or sexual abuse by the practitioner. If you have any questions or complaints regarding any of our practitioners, please contact our office at the email address or telephone number listed above. If you have a complaint about our services or behavior that we cannot resolve for you personally, you may contact the National Guild of Hypnotists at P.O. Box 308, Merrimack, NH 03054-0308, (603) 429-9438, to seek redress. Other services than our own may be available to you in the community, and you may locate them in the telephone book.

Fees and Billing: Fees for seeing a hypnotist for individual sessions at Green Mountain Hypnosis are based upon a standard session rate of \$200.00 per session, though packaged pricing may be offered. Clients must give 48 hours notice for changing appointments or canceling appointments, or they will forfeit the appointment or pay a \$75.00 rescheduling fee. Clients have the right to reasonable notice of changes in services or charges. You have the right to freely seek services elsewhere at any time. We can also make specific referrals if requested. You have the right to coordinate transfer of services in the case of change of service provider. You always have the right to refuse services or treatment unless otherwise provided by law. You may assert any client's rights listed here without retaliation.

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Insurance: We do not bill insurance companies for services, however some insurance companies may reimburse you for services. Check with your insurance company or policy for additional details. We suggest you think of our services as something that you will pay for personally. That will both protect your privacy, and help you value the work you are doing more.

Theoretical Approach: The practitioners at Green Mountain Hypnosis utilize hypnotic techniques and instruction to help clients make changes both consciously and subconsciously. Techniques include but are not limited to hypnosis, self-hypnosis instruction, relaxation training, visualization, instructional handouts, audio supplements, and videos.

Assessment and Duration of Treatment: You have the right to view your client file, including any notes or assessments made (additional fees may occur if taken outside of your regular scheduled time with the hypnotist). Hypnosis is a brief intervention process. It is difficult to predict the number of sessions you will require to resolve your issue, though an ethical assessment is done in the initial call and a plan is set from there.

Your Process Is Confidential: Client records and transactions with the practitioner are confidential, and may only be viewed by Green Mountain Hypnosis staff, unless release of these records is authorized in writing by the client, or otherwise provided by law.